

PAKISTAN KIDNEY INSTITUTE
ANNUAL REPORT
2020-2021

PAKISTAN KIDNEY INSTITUTE-A HISTORICAL PERSPECTIVE INCEPTION

Established in the April of 2004, the PKI is the brainchild of Prof. Saeed Akhter and his fellow physicians and surgeons, all trained in USA and the UK. Driven by a sense of moral and social obligation, this group of highly competent doctors chose to return to their homeland and set up a kidney treatment facility that now provides free medical services to the poverty-stricken populace. This effort was absolute success.

PKI at SHIFA INTL HOSPITALS

PKI treated more than 160,000 patients from 2004 to 2019 with scope of services from outpatient consultations to complex surgeries like Transplant and cancer surgeries, produced about 20 Urologist and nephrologists and actively participated in relief and rescue activities at time of national disasters like earth quake 2005 and later floods. PKI published more than 100 research papers in local and international Journals, presented the research papers not only in national conferences but also in international Conferences in Australia, UK, US and Singapore.

PAKISTAN KIDNEY AND LIVER INSTITUTE—A DREAM CAME TRUE

This dream later transforms into Pakistan Kidney and Liver Institute (PKLI) a state-of-the-art institute aimed at treating kidney and liver diseases. PKLI was completed in record time of 3 years but became the victim of jealousy and conspiracy where Prof. Saeed Akhter felt that his vision and mission will be compromised. He thus decided to resign from his brain child and walked away because he does not compromise on principle.

PKI AT PAF HOSPITAL

Determined Prof. Saeed Akhter decided to continue his mission of serving his home land and poor and needy people in the society so he restarted with same zeal and commitment at PAF Hospital E-9 Islamabad. PKI is providing state-of-the-art health care to poor and under-privileged kidney patients at par with the rich people within the premises of PAF Hospital.

INFRA-STRUCTURE AT PAF HOSPITAL

- 03outpatient clinics
- 01 procedure room
- 02 operating rooms,
- 01 lithotripsy suite
- 10-15 Inpatient beds.
- 02 administrative room
- One conference Room

PAKISTAN KIDNEY INSTITUTE-MEDICAL TEAM

- 1. Prof Saeed Akhter**
MBBS, MD, DABU, FACS, MPH
Head of Department
Consultant Urologist and Transplant Surgeon
- 2. Dr Muhammad Imran Jamil**
MBBS, FCPS
Consultant Urologist and Transplant Surgeon
- 3. Dr Durre Shohab**
MBBS, FCPS, FRCS
Consultant Urologist and Transplant Surgeon
MBBS, FCPS, FRCS

- 4. Dr Assad Ur Rehman**
MBBS, FCPS
Consultant Urologist and Transplant Surgeon

- 5. Dr Sher Shah**
MBBS, FCPS
Senior Registrar Urology
MBBS, FCPS

- 6. Dr Muhammad Shoaib Khan**
MBBS, FCPS
Senior Registrar Urology

- 7. Dr Sadiqa Hassan**
MBBS, FCPS
Registrar Urology

- 8. Dr Muhammad Behzad Khan**
MBBS
Medical officer

- 9. Miss Zainab**
OPD Tech

PAKISTAN KIDNEY INSTITUTE-ADMINISTRATIVE TEAM

- 1. Prof Saeed Akhter**
MBBS, MD, DABU, FACS, MPH
PRESIDENT PKI
- 2. Dr Muhammad Imran Jamil**
MBBS, FCPS
EXECUTIVE DIRECTOR
- 3. Dr Durre Shohab**
MBBS, FCPS, FRCS
DIRECTOR ADMIN
- 4. Dr Assad Ur Rehman**
MBBS, FCPS
DIRECTOR PROCUREMENT
- 5. Mr FARHAD ABBASI**
MANAGER PKI
- 6. Mr Adnan Qureshi**
Assistant Manager
- 7. Mr Tasawar Javed**
Account Supervisor

PAKISTAN KIDNEY INSTITUTE-PART TIME WORKERS

- 1. Mr Atif Jamal**
Web manager

PATIENT DATA (01-07-2020 TO 30-06-2021)

Month	Patient seen ID/OPD	Surgeries Major/Minor	Total
Jun-20	2	2	04
Jul-20	2	1	03
Aug-20	1	1	02
Sep-20	8	6	14
Oct-20	8	14	22
Nov-20	2	17	19
Dec-20	10	11	21
Jan-21	17	19	36
Feb-21	20	32	52
Mar-21	17	22	39
Apr-21	16	11	27
May-21	12	08	20
Jun-21	16	11	27
Total	131	155	286

TYPE OF MAJOR SURGERIES

SR.NO	MR. NO	PROCEDURE	DATE OF ADMISSION
1	1120050760	Augmentation Cystoplasty Mitrofanoff	15-May-2020
2	1120060814	TURBT	18-May-2020
3	1120050621	Cystoscopy	19-May-2020
4	1120050760	Post Augmentation Cystoplasty, Wound Infection	28-May-2020
5	1120050397	Total Pelvic Exentration	28-May-2020
6	1120060814	Radical Cystectomy + ICM	17-Jun-2020
7	1120060931	PCNL Simple	25-Jun-2020
8	1120081248	Cysto + Cystography	26-Aug-2020
9	1120090063	Rt. PCNL + DJ Stenting	08-Sep-2020
10	1120100002	Cystoscopy Under GA	01-Oct-2020
11	1120090063	URS	03-Oct-2020
12	1120090479	URS	07-Oct-2020
13	1120101048	Rt. Radical Nephrectomy HALS	14-Oct-2020
14	1120101001	RIRS + DJ Stenting	15-Oct-2020
15	1120101665	Lap Donor Nephrectomy	21-Oct-2020
16	1120101664	Kidney Transplant	22-Oct-2020
17	1120092029	Rt. PCNL	26-Oct-2020
18	1120100705	Lt. PCNL + DJ Stenting	28-Oct-2020
19	1120090062	URS	05-Nov-2020
20	1120081992	Cystoscopy + Urethral Dilatation	05-Nov-2020
21	1120090464	Lt. PCNL + RIRS	05-Nov-2020
22	1120111142	Cystoscopy Under GA	16-Nov-2020

23	1120110182	URS	25-Nov-2020
24	1120100705	URS	26-Nov-2020
25	1120092029	PCNL 2nd Stage	26-Nov-2020
26	1120102300	Under Observation	28-Nov-2020
27	1120110948	Rt. PCNL	08-Dec-2020
28	1120090479	URS Simple	09-Dec-2020
29	1120120565	Optical Urethrotomy Simple	09-Dec-2020
30	1120120581	Cystoscopy + Clot Evacuation (TURP)	22-Dec-2020
31	1121010097	Cysto RPUG Wo JJ Stent	04-Jan-2021
32	1120090479	URS	11-Jan-2021
33	1121010534	URS + LC	13-Jan-2021
34	1121011180	Exploratory Laprotomy + Excision Of Retrovesical Mass + B/L Orchideopexy	17-Jan-2021
35	1121011560	URS Simple	22-Jan-2021
36	1121010891	URS Simple	25-Jan-2021
37	1121011803	URS Simple	25-Jan-2021
38	1120090479	Post Rt. PCN (Under Observation)	28-Jan-2021
39	1121010097	Cysto RPUG Wo JJI Stent	01-Feb-2021
40	1121011083	Pyeloplasty	02-Feb-2021
41	1121020476	Augmentation Cystoplasty Mitrofanoff	03-Feb-2021
42	1120120565	Cystoscopy + Urethral Dialatation	06-Feb-2021
43	1121020364	Cysto RPUG Wo DJ Stent	08-Feb-2021
44	1121021208	PCNL	09-Feb-2021
45	1121021331	Cystoscopy Diagnostic	10-Feb-2021
46	1120050621	Radical Cystectomy With Urinary Diversion	10-Feb-2021

47	1121021322	Rt. URS	12-Feb-2021
48	1121020276	Optical Uretherotomy Complex	15-Feb-2021
49	1121021331	Pyeloplasty	15-Feb-2021
50	1121021284	Cystoscopy Under GA	15-Feb-2021
51	1121011803	B/L URS + DJ Stenting	17-Feb-2021
52	1120090062	URS Simple	18-Feb-2021
53	1121021363	Open Nephrectomy	19-Feb-2021
54	1120100705	Lt RIR + DJS	22-Feb-2021
55	1120090479	RT RIRS + DJS	22-Feb-2021
56	1120100002	Cystoscopy Under GA	22-Feb-2021
57	1121030522	Renal Transplant (Lap Donor Nephrectomy)	4-Mar-21
58	1121030524	Renal Transplant Receptient	4-Mar-21
59	1121030359	Redical Cystectomy	9-Mar-21
60	1121031178	Varicocelectomy	15-Mar-21
61	1121031266	Renal Transplant (Lap Donor Nephrectomy)	18-Mar-21
62	1121031268	Renal Transplant Receptient	18-Mar-21
63	1120100705	Cystoscopy + Lt. URS	22-Mar-21
64	1121010083	Cystoscopy	22-Mar-21
65	1121031268	Cystoscopy	24-Mar-21
66	1121033053	Hydrocelectomy	30-Mar-21
67	1120050760	Revsion Of Mitrofanoff	30-Mar-21
68	1121032807	Cystoscopy + Rt. DJ Stenting	1-Apr-21
69	1121031837	URS LC DJ Stenting	2-Apr-21
70	1121040263	URS Simple	3-Apr-21
71	1121010891	URS LC DJ Stenting	7-Apr-21

72	1121031657	Cysto RPUG Wo JJI Stent	8-Apr-21
73	11201031837	URS (Removal Of DJ Stent)	26-Apr-21
74	1120091980	Cysto RPUG Wo JJI Stent	5-May-21
75	1121031657	PCNL 2nd Stage	5-May-21
76	1121051419	Cysto RPUG Wo JJI Stent	24-May-21
77	1121032807	Uni Ureteral Re Implant With Taper	10-Jun-21
78	1121060055	Change Of PCN Tube	16-Jun-21
79	1121021363	URS + LC + DJ Stenting	16-Jun-21
80	1121060128	PCNL 2nd Stage	17-Jun-21
81	1121032807	S/P Ureteric Reimplantation (Under Observation)	18-Jun-21

EVENTS ORGANIZED

1-World Kidney Day (11-03-2021)

Pakistan Kidney Institute in collaboration with PAF, Hospitals Islamabad on 11-03-2021 organised a seminar on World Kidney Day. The seminar was aimed at creating awareness regarding various kidney diseases. Major General Safdar Abbas (Retd), Chief Executive of PAF Hospital, was the chief guest on the occasion.

Expressing his views at the seminar, Professor Dr Saeed Akhter said that kidney diseases are big challenge in the country. He added that according to recent studies most of the people who died of Covid, had history of kidney disease. He further said that there is a dire need to create awareness among masses about kidney diseases because “prevention is better than cure”. He also said that timely diagnosis of kidney disease was crucial in preventing serious conditions. He urged Pakistani media to play their role for creating awareness about the disease.

Pakistan Kidney Institute

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ACCOUNT NO.: 0123161571013 PKR IBAN:

PK07AIIN0000123161571013 PKR

ACCOUNT NO.: 0281161571027 USD

IBAN: PK85AIIN0000281161571027 USD

Al Baraka Bank (Pakistan) Ltd

Shifa International Hospitals Ltd. Branch,

Islamabad